

Seminar & Workshops

SEMINARS FREE

WORKSHOPS: See Pricing Below



October 20th
SATURDAY 9AM-4PM
Expo Idaho
FREE Admission

<i>Time</i>	<i>Room:</i>	<i>Seminar Topic</i>	<i>Speaker</i>
SEMINARS			
10AM	ROOM 1: ROOM 2:	Medicare 101 Winter Wellness Using Oils	Chris Miller, HUMANA Bethanna Phillips, DoTERRA Essential Oils
11AM	ROOM 1: ROOM 2:	“Unbreakable” A Complete Fracture Prevention Strategy Single Senior Travel Tours	Jill Wild, OsteoStrong Lisa English, 2 Crazy Ladies and A Passport
12PM	ROOM 1: ROOM 2:	Wellness and Preventative Care Raise a Puppy, Change a Life	Jill Alessi, Blue Cross of Idaho Denise Kimpton, Canine Companions for Independence
1PM	ROOM 1: ROOM 2:	Medicare 101 Balance and Fall Risk Prevention	Jackson Longwill , UnitedHealthcare Angeline Petersen, DPT, All In Physical Therapy
2PM	ROOM 1: ROOM 2:	Estate Planning Basics Maintaining Healthy Skin	Ty A. Ketlinski, Ketlinski Law Office, PLLC Dustin Portela DO, FAAD, Treasure Valley Dermatology & Skin Cancer Center
WORKSHOPS			
9:30 - 11:30AM		Learn How Create Your Own Custom Cupcakes From a Pro PreRegistration Encouraged. Fee \$40.00 Pair, \$20.00 Single Details - www.facebook.com/events/327093137857134/	Emmeli Mayo, Emmeli’s Cakes
12PM - 2PM		Learn How to Create Your Own Beautiful Succulent Arrangement PreRegistration Encouraged. Fee \$36.00 Details- www.asucculentday.com/workshops/golden-years	Martha Mendoza, A Succulent Day

